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## INFORMED CONSENT CHECKLIST FOR TELEPSYCHOLOGICAL SERVICES

Prior to starting Telepsychological services, which hereafter refers to both video-conferencing and/or telephone services, we discussed and agreed to the following:

- There are potential benefits and risks of telepsychology services (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the other person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions, and Dr. Lyons will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your Tele-appointment, you must notify me in advance by phone or email.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychology sessions.
- Payment for telepsychology sessions is billed at the same rate as in-person sessions and it is your responsibility to provide me that payment within three business days.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume in-person sessions.

Patient Name (Printed): \_\_\_\_\_

Patient Signature/Patient's Legal Representative: \_\_\_\_\_

Psychologist Signature: \_\_\_\_\_

Deborah S. Lyons, Ph.D.

Date: \_\_\_\_\_